

Back to School Cross Race

Times are tough, get the most minutes for you dollar in MN!

11/8/09

Northfield, MN

All proceeds benefit the St. Olaf cycling and nordic ski team.

Registration: Day of registration opens at 9:00am and will close 20 minutes prior to each event. Collegiate and Juniors pay \$15, everyone else pays \$20.

Race Time Distance Categories*

Freshmen 10:00a	31 minutes + 1 lap	Men 4, Women 4, Collegiate Men C/D, Collegiate Women C/D, Junior's 10-14, Junior's 15-18
Sophomores 11:00a	46 minutes + 1 lap	Men 3, Masters 45+, Collegiate Men B
Juniors 12:00p	46 minutes + 1 lap	Women 1/2/3, Collegiate Women A/B
Seniors 1:30p	61 minutes + 1 lap	Men 1/2/3, Masters 35+, Collegiate Men A

*Listed Categories will be scored separately

**Men's and Women's Collegiate A must have a CX3 or above license.

***Collegiate racers may register for multiple categories in their race.

Prizes: Men 1/2/3- \$125, \$80, \$50, \$30. Women 1/2/3 - \$100, \$50, \$25. All others merchandise!

Food and warm beverage available for racers.

Course Description: Course is a mile loop on the college campus. It has several rolling hills as well as one delightful climb and a fast descent. Course will be on trails and grass, which is nice and fast. And don't forget the **Pinwheel of death!** Start and finish will be behind the football field and sweep around the practice fields.

Directions: Off I-35, take exit 69 (Highway 19 toward Northfield) and go east approximately 7 miles. Take a Left on Forest Street and then another left on Lincoln Street go north. The start will be on the practice football fields along Lincoln. Ample Parking in lot or on street.

Questions?

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Check out our website @
olafcross.blogspot.com

Held Under USA Cycling Permit